

Are you caring for an adult family member or friend who is frail/elderly, ill, or living with a disability? Are you worried, confused, stressed?

You are not alone! Learn about programs and services that can help...

Free INFORMATION AND SPEAKERS FAIR for Family and Friends Unpaid Caregivers

Saturday, May 2, 2015, 10am - 2pm

Vancouver Public Library, 350 Georgia St (at Homer), close to Skytrain and bus stops. Paid parking below the library, at 775 Hamilton, north of Robson.



5 Great Speakers

- 10:20 - 10:45 **Being a Family Caregiver: 10 things to consider to thrive, survive and revive.** Barb MacLean, FCBC
- 11:05-11:30 **Learn about Representation Agreements and other legal documents – for yourself and the person you support.** Joanne Taylor, Nidus
- 11:50-12:15 **Caring for a person who is dying.**
Vancouver Coastal Health, Vancouver Home Hospice and Palliative Care, Mary Coleman
- 12:35-1:00 **Vancouver Coastal Health, Home and Community Care Services.**
- 1:20-1:45 **When you are caring for someone with Alzheimer's Disease.** Kara Turner, Alzheimer Society of B.C.

Come celebrate
BC Family Caregivers Week
at The Family Caregiver Fair



**Family Caregivers
of British Columbia**



We gratefully acknowledge the province of British Columbia, Patients as Partners, for partial funding of the Provincial Family Caregiver Program.

20+ Exhibits

- Alzheimer Society of B.C.
- BC Bereavement Helpline
- BC Patient Safety & Quality Council
- Better at Home
- Canadian Cancer Society
- Canadian Diabetes Association
- Canadian Mental Health Association
- CNIB
- Disability Alliance of BC
- Family Caregivers of British Columbia (FCBC) – Provincial Family Caregivers Program
- Heart & Stroke Foundation
- Health and Home Care Society of BC
- InterCultural Online Network (iCON)
- MS Society of Canada
- Music Therapy Association of BC
- Nidus Personal Planning Resource Centre and Registry
- North Shore Community Resources – Caregiver Support Program
- Parkinson Society British Columbia
- Philips Lifeline
- Qmunity
- Senior Peer Counselling of BC
- Stroke Recovery Association of BC
- Tetra Society of North America
- Vancouver Coastal Health Home and Community Care Services
- Vancouver Public Library